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Curriculum Vitae

She graduated in Medicine and surgery with full marks plus laude (110/110) (1976) and specialized in psychiatry with full marks (70/70) at the Sapienza University of Rome (1980). She attended the psychiatric hospital Santa Maria della Pietà with chronic patients (1975). She took a training of individual psychotherapy with professor Massimo Fagioli (1976-1981). She carried out clinical and research activity under the guidance of professor Nicola Lalli at the Psychiatric Institute Villa Massimo in Rome (1977-1979). As specializing doctor in psychiatry she attended women's psychiatric department of the Clinic of nervous and mental illness of the University of Rome. There she started her research on feminine image and identity (1977-1978). She operated as specialist in the territorial services of Regione Lazio at the hospital Santa Maria Goretti in Latina (1979-1987). She contributed to the creation of the mental hygiene center of Cisterna di Latina (1981-1982). She attended weekly the study-research seminars of professor Massimo Fagioli and participated in all the initiatives of study and deepening realized (from 1982 to 2016). She now works as psychiatrist and psychotherapist in her private practice. After a twenty-year professional experience and an elaboration lasted several years, she has dedicated herself to the group psychotherapy since 2001. She is a member of the editorial committee of the psychiatric journal "Il Sogno della Farfalla" (since 1992). In 1994 she created a cultural association that develops projects that link art and culture to the research of human identity. She was the scientific responsible of a national project on the prevention of juvenile discomfort (2009-2011).

In 2015 she founded and since then has been the director of the book series on psychology, psychiatry and human sciences, entitled "Dafni e Cloe", published by Liguori Editore and dedicated to children, young people, doctors, health workers and teachers. To date, three volumes of the book series were published: the first "Droga uso abuso dipendenza" [Drug use abuse addiction], the second "Internet l'amico pericoloso" [Internet the dangerous friend], the third "L'abbandono scolastico" [The school dropout].

She has collaborated with the weekly magazine Left for several years.

Publications/Books

- "Appunti per una storia della Psichiatria in Italia dal 1860" [Notes for a history of Psychiatry in Italy since 1860], 1978.
- "I primi sviluppi della psichiatria italiana" [First developments of Italian psychiatry], "Rivista di Psichiatria", n.3, 1979.
- "Magia o relazione terapeutica?" [Magic or psychotherapeutic relationship], in Proceedings of the International Conference "Cultura e pensiero magico" - Terni 1988, Liguori Editore, Napoli, 1989.
- "Dall'Apateia degli stoici all'apatia schizofrenica" [From the Apatheia of the Stoics to schizophrenic apathy], in International Conference Proceedings "La sindrome di apatia schizofrenica tra concezioni fenomenologiche e mondo delle scale. Padova, 24-25 February 1990" [The syndrome of schizophrenic apathy between phenomenological conceptions and the world of stairs], by G. Merlin & G. Borgherini, CLEUP, Padova, 1991.
- "Anoressia" [Anorexia], Journal of Psychiatry and Psychotherapy "Il Sogno della Farfalla", vol.1, n. 4, 1992.

- “Dal concetto di immagine corporea all’immagine interna” [From the concept of the body image to the internal image], *Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”*, vol. 3, n. 1, 1992.
- “Dal transfert negativo al desiderio: l’esperienza di vuoto” [From negative transfer to desire: the experience of emptiness], in *Proceedings of XXXIX National Congress of Psychiatry*, Ed. *Formazione Psichiatrica*, anno 16, n. 3, Catania, 1996.
- “La rottura del rito” [The breaking of the rite], in *Proceedings of the XV National Congress of the Italian Society of Medical Psychiatry “Il malato psicosomatico, un approccio integrato”* - Trieste, 10-13 maggio 1995 [The psychosomatic patient, an integrated approach], Ed. *Latessa*, 1997.
- Costantino L., Sneider M. “Riflessioni sulla sensibilità dello psichiatra in psicoterapia” [Reflections on the sensibility of the psychiatrist in psychotherapy], *Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”*, vol. 5, n. 6, 1996.
 “Intervista sull’anoressia su Telesalute” [Interview on anorexia at Telesalute], *Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”*, vol. 1, 1998.
- Review of the book “Il sogno cento anni dopo” [The dream one hundred years later], *Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”*, vol.1, 2001.
- Review of the book “Il primo colloquio psichiatrico” [The first psychiatric interview], *Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”*, vol.11, n.1, 2002.
- Costantino L. “La nascita di un gruppo di psicoterapia” [The birth of a group of psychotherapy] *Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”*, vol.1, 2004.
- Costantino L. “La ricerca di un’immagine” (The research of an image), *Liguori Editore*, Naples, 2004.
- Costantino L., Revision and reprinting of the book on anorexia, entitled “Anoressia. Storia, psicopatologia e clinica di un’epidemia sociale” [Anorexia. History, psychopathology and clinical of a social epidemic], *Liguori Editore*, Naples, 2008.
- Costantino L., Carnevali R., Marzano L. “Anoressia e depressione” [Anorexia and depression], *Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”*, vol. 4, 2007.
- The screenplay of the play “Le preziose” [The precious women] about the psyche of the woman and her irrational reality, which was represented for the first time in Rome on 19-20 September 2009 at *Piccolo Eliseo Theater*.
- Costantino L. “Un dibattito sull’anoressia. Atti del convegno - L’anoressia: storia, psicopatologia e clinica di un’epidemia moderna” [A debate on anorexia – conference proceedings - Anorexia psychopathological and clinical history of a modern epidemic], *Liguori Editore*, Naples, 2010.
- Costantino L. “Un nuovo metodo di ricerca per la prevenzione primaria” [A new method of research for primary prevention], in “Giovani protagonisti del futuro: indagine sociale sul disagio giovanile ed interventi di prevenzione” [Young protagonists of the future: a social survey on youth distress and prevention interventions], *Isfol*, 2011, pp. 100-106.
- Costantino L. “Bambini vittime. violenze, abusi, dimenticanze, lavoro infantile” [Children victims. violence, abuse, forgetfulness, child labour], *Liguori Editore*, Naples, 2013.
- Costantino L. “L’anoressia come difesa dalla depressione” [Anorexia as a defense against depression], in *Proceedings of the 1st European Conference on the health and well-being of young people*, Rome 16-18 June 2010, edited by *Istituto Superiore della Sanità*, February 2013.
- Costantino L. “La nascita rubata. Le origini del pensiero violento sulla donna e sul bambino” [The stolen birth. The origins of violent thought about woman and child], *Liguori Editore*, Naples, 2015.
- Costantino L., Santoro A., “Quarant’anni nella giustizia minorile; intorno a un libro di Melita Cavallo” [Forty years in the juvenile justice system; about a book by Melita Cavallo], *Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”*, vol. 26, n.1, 2017.

- Costantino L., Giorgini L., Petrucci M. “Anoressia. Le patologie del comportamento alimentare [Anorexia. The pathologies of eating disorders], Collana Bios Psychè Adolescenza, L’Asino d’oro edizioni, Rome, April 2017.
- Co-author “Droga uso abuso dipendenza” [Drug use abuse addiction] - volume I of “Dafni e Cloe” book series, whose scientific director is Dr. Costantino - Liguori Editore, Naples, June 2017.
- Co-author “Internet l’amico pericoloso” [Internet the dangerous friend] - volume II of “Dafni e Cloe” book series, whose scientific director Dr. Costantino - Liguori Editore, Naples, January 2018.
- Costantino L. PO-12 “Psychopathology and clinic of eating disorders: The defense from depression. An interpretation according to Massimo Fagioli’s Human birth theory” - poster presented at WADD 2nd World Congress, Florence, 25-27 October 2018 - in the Official Journal of EUROPAD (European Opiate Addiction Treatment Association) and WFTOD (World Federation for the Treatment of Opioid Dependence) “Heroin Addiction and related Clinical Problems”, vol. 20, n. 2, October 2018.
- Co-author (E. Atzori, L. Costantino, C. Medici, D. Montanaro, M. D. Montanaro and I. Ritacco) “PO-5. Evidence-based prevention of substance abuse in high school adolescents. The change of a perspective to protect and at the same time combat a stigma” Heroin Addiction and related Clinical Problems Magazine, Vol. 20, N. s2, October 2018 p. 46.
- Co-author “L’abbandono scolastico” [School dropout] - volume III of “Dafni e Cloe” book series, whose scientific director is Dr. Costantino - Liguori Editore, Naples. September 2019.
- Costantino L. Online psychotherapy: clinical observations, Journal of Psychiatry and Psychotherapy “Il Sogno della Farfalla”, n.1, 2021.
- Costantino L. “Psychopathology of anorexia nervosa: a defence from depression. An interpretation according to Massimo Fagioli’s Human birth theory – two case reports”. Psychiatria i Psychologia Kliniczna "Journal of Psychiatry and Clinical Psychology" - Poland, published - 31.03.2023

Press, radio and television

- Interview to Costantino L. “Guarire dall’anoressia” [Healing from anorexia], by Paolo Izzo for Nuova Agenzia Radicale, telematic supplement of Quaderni Radicali, 2004.
- Costantino L. “Dimenticare un bambino” [Forgetting a child] - editorial of the readers - La Stampa, 13 May 2013.
- Interview to Costantino L. “Riflettori su Bambini vittime” [Spotlight on Children victims], Le Cronache del Salernitano, on the occasion of the presentation of the book “Bambini vittime” [Children victims] (Liguori Ed.), 31 October 2013.
- Interview to Costantino L. about anorexia “Una magrezza da morire” [A thinness to die], weekly magazine Left, 27 June 2008.
- Interview to L. Costantino “Vincere l’anoressia” [Overcome anorexia], Corriere della sera, 18 September 2009.
- Costantino L., Giorgini L., Petrucci M. “Ammalarsi di cibo e guarire con i sogni” [How to become ill because of food and heal through dreams], weekly magazine Left, 29 April 2017.
- Costantino L. “La zona calda” [The hot area], weekly magazine Left, 27May 2017.
- Costantino L. “Il cyberbullismo non si risolve con le condanne” [The cyberbullying cannot be solved with the sentences], weekly magazine Left, 1 July 2017.
- Interview to L. Costantino “Anoressia. Un libro dedicato ai ragazzi ma anche ai genitori, ai medici generici ed a tutti quelli che assistono impotenti al fenomeno” [Anorexia. A book addressed to youth but also to parents, to general practitioners and to all those who witnessed the phenomenon helplessly], by Nicoletta Costantino, Globus Magazine, September-December 2017.

- Atzori E., Costantino L., “Non esiste una pasticca per innamorarsi” [A pill to fall in love does not exist], weekly magazine Left, 11 November 2017.
- Costantino L. “Gaming addiction, la guerra nella testa” [Gaming addiction, the war in the mind], weekly magazine Left, 18 May 2018.
- Costantino L. “Diversità nell’uguaglianza, una utopia possibile” [Diversity in equality, a possible utopia], weekly magazine Left, 31 August 2018.
- Costantino L., Atzori E., Medici C., Montanaro D., Montanaro M., Ritacco I. “Cosa spinge un adolescente verso le nuove droghe?” [What drives a teenager towards new drugs?], weekly magazine Left, 21 December 2018.
- Costantino L. “Se il videogame diventa un gioco mortale” [If the video game becomes a deadly game], weekly magazine Left.it, 14 January 2019.
- Interview to Costantino L. “Dipendenze pericolose, una collana editoriale” [Dangerous addictions, a publishing series], by Claudia Bonasi, Il Mattino, newspaper of Naples, 14 April 2019.
- Costantino L. “Nessuna paura, le donne devono chiedere aiuto” [No fear, women must ask for help], weekly magazine Left, 20 November 2020.
- Costantino L. “Disturbi alimentari, la variante pandemia” [Eating disorders, the pandemic variant], weekly magazine Left, 12 March 2021.

Conferences/Congresses/Talks

- “Dall’Apatia degli stoici all’apatia schizofrenica” [From the Apathy of the Stoics to the schizophrenic apathy], International Congress “La sindrome di apatia schizofrenica tra concezioni fenomenologiche e mondo delle scale” [The schizophrenic apathy syndrome between phenomenological concepts and the world of scales], Padova, 24-25 February 1990.
- “Psicoterapia, malattia e carattere” [Psychotherapy, illness and character], XXIV National Congress of the Italian Society of Medical Psychotherapy “Carattere e cambiamento in psicoterapia” [Character and change in psychotherapy], 1991.
- “Dal transfert negativo al desiderio: l’esperienza di vuoto” [From negative transfert to desire: the experience of emptiness], XXXIX National Congress of the Italian Psychiatric Society “L’intervento psicoterapeutico in psichiatria” [The psychotherapeutic intervention in psychiatry], Riccione, 23-28 October 1994.
- “La rottura del rito” [The breaking of the rite], XV National SIMP Congress “Il malato psicosomatico, un approccio integrato” [The psychosomatic patient, an integrated approach], Trieste, 10-13 May 1995.
- Conference - seminar on mental anorexia “La ricerca di un’immagine” [The search for an image] - University of G. D’Annunzio, Chieti, 1999.
- “Bella da morire - Anoressia e bulimia: la cura” [Beautiful to die - Anorexia and bulimia: the cure], Conference “Identità e immagine femminile”, accredited ECM, organized by Asl RM E - Regione Lazio, S. Spirito Hospital, Rome, 7 October 2005.
- “La sindrome ADHD: di cosa stiamo parlando?” [The ADHD syndrome: what are we talking about?] - Conference “Se non è vitalità è malattia? La sindrome ADHD (Disturbo da Carezza di Attenzione ed Iperattività): dal DSM IV ai bambini reali” [If it is not vitality, is it disease? The ADHD syndrome (Attention Deficit Disorder and Hyperactivity): from DSM IV to real children], accredited ECM, organized by Asl RM E – Regione Lazio, S. Spirito Hospital, Rome, June 2006.
- Conference “Anoressia: storia, psicopatologia e clinica di un’epidemia moderna” [Anorexia: history, psychopathology and clinic of a modern epidemic], organized by Costantino L., Piccolo Eliseo Theater, Rome, 27 June 2008.
- “Prima Conferenza Europea sulla salute e il benessere dei giovani” [First European Conference on youth health and well-being], organized by Italian Presidency of Council of

Ministers, Minister of Youth, European Youth Forum, in collaboration with the European Commission, Rome, 16-18 June 2010. Dr. Costantino participated at the Second Session “I disturbi del comportamento alimentare ed i differenti approcci nella cura e nella prevenzione” [Eating disorders and different approaches to their treatment and prevention] with the paper: “L’anoressia come difesa dalla depressione” [Anorexia as a defence against depression].

- Lecture “Processi di apprendimento e anoressia” [Learning processes and anorexia], “G. d’Annunzio” University of Chieti - Department of Education Science, Chieti, 21 January 2011
- Conference “Alimentazione e mal di vivere. Le patologie del comportamento alimentare: l’epidemia del terzo millennio. Un approccio integrato” [Food and pain of living. The pathologies of eating disorder: The epidemic of the third millennium. An integrated approach] - Ordine provinciale di Roma dei Medici-Chirurghi e Odontoiatri [The Order of doctors in Rome], 21 January 2012. Update course for doctors. Dr. Costantino was at the conference as moderator and speaker with the paper entitled “I due mondi di Ellen West” [The two worlds of Ellen West].
- Presentation of the book “Bambini Vittime, violenze, abusi, dimenticanze, lavoro infantile” [Children victims, violence, abuse, forgetfulness, child labour], Palazzo di Città - Sala del Gonfalone, Salerno, 30 October 2013.
- Presentation of the book “Bambini Vittime, violenze, abusi, dimenticanze, lavoro infantile” [Children victims. violence, abuse, forgetfulness, child labour], Tribunale per i minorenni di Roma (Juvenile Court of Rome), Rome, 30 May 2014.
- Presentation of the book “La nascita rubata: le origini del pensiero violento sulla donna e sul bambino” [The stolen birth. The origins of violent thought about woman and child], Istituzione Biblioteche di Roma (Institution Libraries of Rome), Biblioteca Vaccheria Nardi (Vaccheria Nardi Library), Rome, 28 November 2015.
- Conference “Diversità nell’uguaglianza; una utopia possibile” [Diversity in equality; an achievable utopia] - Rome, 29 April, 6 and 20 May 2016. Dr. Costantino was at the Conference as moderator and speaker with the paper entitled “Diversità nell’uguaglianza: una utopia possibile? Considerazioni di una psichiatra” [Diversity and equality: an achievable utopia? Considerations of a psychiatrist].
- Presentation of the book “La nascita rubata: le origini del pensiero violento sulla donna e sul bambino” [The stolen birth. The origins of the violent thought about woman and child], Istituzione Biblioteche di Roma (Institution Libraries of Rome), Biblioteca Nelson Mandela (Nelson Mandela Library), Rome, 30 September 2016.
- Presentation of the book “La nascita rubata: le origini del pensiero violento sulla donna e sul bambino” [The stolen birth. The origins of the violent thought about woman and child], Palazzo di Città - Sala del Gonfalone, Salerno, 21 October 2016.
- International Congress of World Psychiatric Association (WPA): Psychiatry: Integrative Care for the Community, Cape Town, South Africa, 18-22 November 2016. Costantino L.: “Eating disorders according to Human Birth Theory by Massimo Fagioli. Anorexia and defense from depression”. Selected Oral Presentation.

Available at:

<http://video.associazioneamorepsiche.org/2016/11/cape-town-2016-worldpsychiatric-association-congress-speaker-dr-ludovica-costantino/>

- Presentation of the book “Anoressia. Le patologie del comportamento alimentare” [Anorexia. The pathologies of eating disorders], La Feltrinelli Bookstore, Rome, 6 May 2017.
- Presentation of the book “Anoressia. Le patologie del comportamento alimentare” [Anorexia. The pathologies of eating disorders], Ibs+Libraccio Booshop, Florence, 27 May 2017.
- Presentation of the book “Anoressia. Le patologie del comportamento alimentare” [Anorexia. The pathologies of eating disorders], Cavea del Parco Nazionale del Circeo, Sabaudia (Lt), 22 July 2017.

- Presentation of the book “Anoressia. Le patologie del comportamento alimentare” [Anorexia. The pathologies of eating disorders], La Feltrinelli Bookstore, Latina, 10 November 2017.
- Presentation of the book “Droga uso abuso dipendenza” [Drug use abuse addiction] - volume I of “Dafni e Cloe” book series, Spazio Libreria Laterza Agorà, Theatre Bellini, Naples, 17 November 2017.
- Presentation of the book “Droga uso abuso dipendenza” [Drug use abuse addiction] - volume I of “Dafni e Cloe” book series, Istituzione Biblioteche di Roma (Institution Libraries of Rome), Biblioteca Vaccheria Nardi (Vaccheria Nardi Library), Rome, 1 December 2017.
- Liveto 2018, VI edition - “Self-awareness in adolescence”. Meeting about prevention on anorexia, eating disorders and panic attacks with the students of IISS Galilei-Sani and of Liceo Scientifico G. B., Latina, 28 April 2018.
- Presentation of the book “Internet l’amico pericoloso” [Internet the dangerous friend] - volume II of “Dafni e Cloe” book series, Spazio Libreria Laterza Agorà, Theatre Bellini, Naples, 18 May 2018.
- Presentation of the book “Internet l’amico pericoloso” [Internet the dangerous friend] - volume II of “Dafni e Cloe” book series, Istituzione Biblioteche di Roma (Institution Libraries of Rome), Biblioteca Nelson Mandela (Nelson Mandela Library), Rome, 13 October 2018.
- 2nd World Congress of World Association on Dual Disorders (WADD) - Florence, Italy, 25-27 October 2018. Poster presented by Dr. Costantino: “Psychopathology and clinic of eating disorders: the defense from depression. An interpretation according to Massimo Fagioli’s Human Birth Theory”. Poster published in *Heroin Addict Relat Clin Probl* 2018; 20 (2).
- Meetings about prevention with the teachers and the parents of Scuola Svizzera (Swiss School) in Rome and presentation of the book “Internet l’amico pericoloso” [Internet the dangerous friend] - volume II of “Dafni e Cloe” book series, Scuola Svizzera, Rome, 14 and 24 January 2019.
- Presentation of the book, “Internet l’amico pericoloso” [Internet the dangerous friend] - volume II of “Dafni e Cloe” book series, Palazzo di Città - Sala del Gonfalone, Salerno, 12 April 2019.
- Presentation of the book “L’abbandono scolastico” [School dropout] - volume III of “Dafni e Cloe” book series, Istituzione Biblioteche di Roma (Rome Institution Libraries), Biblioteca Nelson Mandela (Nelson Mandela Library), Rome, 12 October 2019.
- Presentation of the book, “Internet l’amico pericoloso” [Internet the dangerous friend] - volume II of “Dafni e Cloe” book series, Palazzo di Città - Sala del Gonfalone, Salerno, 6 December 2019.
- On-line presentation of the book “Solo perché donna” [Just because you are a woman] by Melita Cavallo, already President of the Juvenile Court of Rome, on the occasion of the International Day for the Elimination of Violence against Women - 25 November, organized by Associazione Suono e Immagine Onlus in collaboration with Istituzione Biblioteche di Roma (Institution Libraries of Rome), 21 November 2021.
- Speaker in the Webinar organized by *Magma* O.D.V. entitled: “Corpo e immagine: un rapporto complesso” [Body and image: a complicated relationship], 12 March 2021.
- 52nd Annual International Meeting of the Society for Psychotherapy Research SPR - Online Event - Heidelberg, Germany, 23-26 June 2021: Costantino L., speaker, “Psychopathology of anorexia nervosa: the schizoid defence from depression. Report of a single case” - Panel n. 207: “Adaptations of psychotherapy for depressed patients with specific vulnerabilities”.
- 53rd Annual International Meeting of the Society for Psychotherapy Research SPR - Online and on site Event - Denver - Colorado July 06th - 09th/2022: Costantino L., speaker, together with Angela Santoro, Vincenzo Pagano, Emanuela Rampelli, Simona De Leoni “Psychodynamic Psychotherapy according to Massimo Fagioli’s Human Birth Theory as a treatment for

Psychosis: A Report of the Changes detected in four cases". Panel 21: " Exploring the Therapist's Emotional Resonances and their Role in the Process of Change.

- International Conference " 50 Years Death Instinct and Knowledge " - Rome - Teatro Olimpico November 18/19, 2022 - Online Contributions Sessions November 18, 2022 - speaker in the thematic area: Psychiatry, psychotherapy, developmental psychology . "The identity of the therapist" – Chair: Letizia del Pace. Participating to the session also Dr. Fagnoli, Dr. E. Atzori, Dr. I. Calesini, Dr. D. Montanaro, Dr. I. Ritacco
- 7th World Congress of the World Association on Dual Disorders (WADD) – Portoroz, Slovenia – April 28/30 - 2023 - WADD SYMPOSIA – *Interaction Between the substance and non-substance use disorders and the dissociative disorders. Clinical Observation and psychological intervention.* "Dissociation in Anorexia -Bulimia Nervosa and Treatment During Covid-19 Pandemic"
- ECM - Scuola Medica Ospedaliera - The concept of dissociation in psychopathology. Overt and subtracked clinical conditions in nosography. (Video Conference on Zoom Cloud Meeting web platform - April 14/May 19th - 2023) - Speaker on May 19th "Dissociative disorders, eating disorders, dysmorphobia" Theoretical overview and clinical examples.
- ECM - Scuola Medica Ospedaliera - Developmental psychopathology: clinical phenomenology and intervention (Video Conference on Zoom Cloud Meeting web platform - February 9th - April 5th) - Speaker on April 05th " Childhood abuse. The stolen birth: the origins of a historical mezzogna about human birth. "
- 8th World Congress of the World Association on Dual Disorders (WADD) – Mallorca, Spagna – April 17/20 2024 - WADD SYMPOSIA – Dual Disorders: Addiction and other mental disorders. The role of sensation seeking in dual disorders: psychotherapeutic intervention - Panel on Saturday April 20th

I authorize the processing of my personal data contained in the CV pursuant to Italian Legislative Decree 30/06/2003, n. 196 and art. 13 GDPR 2016/679.

Rome, May 03, 2024

Dott.ssa Ludovica Costantino